

# VEGAN PLEDGE



## GUIDE TO FOOD INGREDIENTS

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vrg@vrg.org; 410.366.8343; www.vrg.org

### VEGAN

Accent	caramel color	malt	sodium benzoate
acesulfame K	carboxymethyl-cellulose	malt extract	sodium benzosulfimide
acesulfame potassium	carnauba wax	malt sugar	sodium bicarbonate
acetic acid	carob bean gum	maltodextrin	sodium carbonate
acid calcium phosphate	caroid	maltol	sodium carboxymethylcellulose
acrylate-acrylamide resin	carrageenan	maltose	sodium hydrogen carbonate
acrylic acid	caustic soda	mannitol	sodium hydroxide
activated charcoal	cellulose gum	methyl paraben	sodium isoascorbate
agar	charcoal	methyl-p-hydroxy-benzoate	sodium nitrate
agar-agar	Chile saltpeter	mineral oil	sodium potassium tartrate
algin	chondrus extract	molasses	sodium tartrate
alginate	citric acid	monocalcium phosphate	sorbic acid
alginic acid	CMC	monosodium glutamate	sorbic acid, potassium salt
alum	cocoa butter	MSG	sorbistat
aluminum ammonium	colophony	natural sugar	sorbitan
annatto	corn gluten	nonnutritive sweetener	spirit vinegar
annatto extract	corn gluten meal	norbixin	St. John's bread
annatto seed	cream of tartar	Nutrasweet	Sucanat
apple acid	cyanocobalamin	nutritional yeast	succinic acid
arabic	DevanSweet	oleoresin	Sunette
ascorbic acid	diatomaceous earth	papain	tartaric acid
aspartame	dicalcium phosphate dihydrate	paprika	textured soy flour
autolyzed yeast extract	distilled vinegar	paraffin	textured soy protein
baking powder	Equal	plaster of Paris	textured vegetable protein
baking soda	erythorbic acid	polyacrylomite	tricalcium phosphate
beet sugar	essential oil	polydextrose	turbinado sugar
bentonite	ethanol	polyethylene	tumeric
benzoyl peroxide	ethyl alcohol	potash alum	turmeric
BHA	ethyl vanillin	potassium acid tartrate	TVP
BHT	fumaric acid	potassium bitartrate	unmodified food starch
bicarbonate of soda	gluten	potassium hydrogen tartrate	unmodified starch
bioflavonoids	grain alcohol	potassium sorbate	vanilla
brewer's yeast	grain vinegar	potassium sulfate	vanilla extract
bromelain	guar flour	precipitated calcium phosphate	vanillin
bromelin	guar gum	phosphate	vinegar
butanoic acid	guaran	1,2-propanediol	vinegar, distilled
butylated hydroxyanisole	gypsum	propanoic acid	vital wheat gluten
butylated hydroxytoluene	hesperidin	propanoic acid, calcium salt	vitamin B-12
butyric acid	hexadienic acid	propionic acid	vitamin C
n-butyric acid	hexadienoic acid	propylene glycol	vitamin P complex
calcium biphosphate	hydrogen peroxide	resin	washed raw sugar
calcium carbonate	Irish moss	rice syrup	wheat gluten
calcium phosphate	isoascorbic acid	Rochelle salts	wheat isolate
calcium phosphate dibasic	Japanese isinglass	rosin	white distilled vinegar
calcium phosphate monobasic	kieselguhr	rutin	white oil
calcium phosphate tribasic	light oil	saccharin	white vinegar
calcium propionate	lime	soda ash	xanthan gum
calcium sulfate	locust bean gum	soda lye	yeast autolyzates
calcium sulfate anhydrous	maleic acid	sodium acid carbonate	zein
candelilla wax	malic acid	sodium ascorbate	Zest

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## NON-VEGAN

carmine	Hi-Vegi-Lip	lard oil	pork oil
carminic acid	hydrogenated tallow	pancreatin	suet
cochineal	isinglass	pancreatic extract	tallow
dripping	keratin	pepsin	tallow flakes
gelatin	lard	pork fat	trypsin

## MAY BE NON-VEGAN

alpha tocopherol	niacinamide	vitamin	modified food starch
amylase	nicotinamide	vitamin B-1	modified starch
antimicrobial agent	nicotinic acid	vitamin B-2	natural flavor
antispoilant	nutritive sweetener	vitamin B-3	n-octadecanoic acid
artificial coloring	d-pantothenamide	vitamin B-5	Olean
butyl lactate	pantothenic acid	vitamin B-6	Olestra
calciferol	phenylalanine	vitamin B-6 hydrochloride	polyoxyethylene (20) sorbitan monooleate
calcium pantothenate	preservative	vitamin D-2	polyoxyethylene (20) sorbitan monostearate
chelating agent	pyridoxal	vitamin E	polysorbate
diglyceride	pyridoxamine	yeast food	polysorbate 60
disodium inosinate	pyridoxine	activated carbon	polysorbate 80
dough strengthener	pyridoxine hydrochloride	adipic acid	processing aid
ethyl lactate	pyridoxol hydrochloride	anticaking agent	protein
firming agent	reducing agent	calcium stearate	pteroyl glutamic acid
glyceride	riboflavin	cane sugar	refined sugar
glycerin	riboflavin-5-phosphate	capric acid	rennet
glycerine	sequestering agent sodium	clarifier	rennin
glycerol	pantothenate	clarifying agent	retinol
high fructose corn syrup	sodium stearyl lactylate	colorose	stearic acid
isomerized syrup	sorbitol	n-decanoic acid	sucrose
lactic acid	stabilizer	fat	sucrose polyester
lactoflavin	surface-active agent	fatty acid	sugar
leavener	surfactant	fining agent	sugar syrup, invert
leavening agent	thickener	folacin	vitamin A
lecithin	texturizer	folic acid	vitamin A acetate
levulose-bearing syrup	thiamin	free-flow agent	vitamin A palmitate
maple sugar	thiamine	hexanedioic acid	vitamin A propionate
maple syrup	thiamine hydrochloride	inversol	wine
monoglyceride	thiamine mononitrate	invert sugar	
natural coloring	thiamine mononitrite	invert sugar syrup	
niacin	tocopherol	magnesium stearate	

## TYPICALLY NON-VEGETARIAN

n-hexadecanoic acid	myristic acid	oleic acid	n-tetradecanoic acid
lipase	cis-9-octadecenoic acid	palmitic acid	